

Excerpted From:

Foner, E. (2011). *Voices of freedom: A documentary history* (3rd ed.). New York: W.W. Norton & Co.

## 100. William Graham Sumner on Social Darwinism (ca. 1880)

**Source:** Albert G. Keller, ed., *The Challenge of Facts and Other Essays by William Graham Sumner* (New Haven, Conn., 1914), pp. 17–27. Keller concludes that the essay from which this excerpt is taken was written during the 1880s.

During the Gilded Age, large numbers of businessmen and middle-class Americans adopted the social outlook known as Social Darwinism. Adherents of this viewpoint borrowed language from Charles Darwin's great work *On the Origin of Species* (1859), which expounded the theory of evolution among plant and animal species, to explain the success and failure of individual human beings and entire social classes. According to Social Darwinists, evolution was as natural a process in human society as in nature, and government must not interfere. Especially misguided, in this

view, were efforts to uplift those at the bottom of the social order, such as laws regulating conditions of work or public assistance to the poor.

The era's most influential Social Darwinist was Yale professor William Graham Sumner. For Sumner, freedom required frank acceptance of inequality. The growing influence of Social Darwinism helped to popularize a "negative" definition of freedom as limited government and an unrestrained free market. It also helped to persuade courts, in the name of "liberty of contract," to overturn state laws regulating the behavior of corporations.

MAN IS BORN under the necessity of sustaining the existence he has received by an onerous struggle against nature, both to win what is essential to his life and to ward off what is prejudicial to it. He is born under a burden and a necessity. Nature holds what is essential to him, but she offers nothing gratuitously. He may win for his use what she holds, if he can. Only the most meager and inadequate supply for human needs can be obtained directly from nature. There are trees which may be used for fuel and for dwellings, but labor is required to fit them for this use. There are ores in the ground, but labor is necessary to get out the metals and make tools or weapons. For any real satisfaction, labor is necessary to fit the products of nature for human use. In this struggle every individual is under the pressure of the necessities for food, clothing, shelter, fuel, and every individual brings with him more or less energy for the conflict necessary to supply his needs. The relation, therefore, between each man's needs and each man's energy, or "individualism," is the first fact of human life.

It is not without reason, however, that we speak of a "man" as the individual in question, for women (mothers) and children have special disabilities for the struggle with nature, and these disabilities grow greater and last longer as civilization advances. The perpetuation of the race in health and vigor, and its success as a whole in its struggle to expand and develop human life on earth, therefore, require that the head of the family shall, by his energy, be able to

supply not only his own needs, but those of the organisms which are dependent upon him. The history of the human race shows a great variety of experiments in the relation of the sexes and in the organization of the family. These experiments have been controlled by economic circumstances, but, as man has gained more and more control over economic circumstances, monogamy and the family education of children have been more and more sharply developed. If there is one thing in regard to which the student of history and sociology can affirm with confidence that social institutions have made "progress" or grown "better," it is in this arrangement of marriage and the family. All experience proves that monogamy, pure and strict, is the sex relation which conduces most to the vigor and intelligence of the race, and that the family education of children is the institution by which the race as a whole advances most rapidly, from generation to generation, in the struggle with nature.

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The constant tendency of population to outstrip the means of subsistence is the force which has distributed population over the world, and produced all advance in civilization. To this day the two means of escape for an overpopulated country are emigration and an advance in the arts. The former wins more land for the same people; the latter makes the same land support more persons. If, however, either of these means opens a chance for an increase of population, it is evident that the advantage so won may be speedily exhausted if the increase takes place. The social difficulty has only undergone a temporary amelioration, and when the conditions of pressure and competition are renewed, misery and poverty reappear. The victims of them are those who have inherited disease and depraved appetites, or have been brought up in vice and ignorance, or have themselves yielded to vice, extravagance, idleness, and imprudence. In the last analysis, therefore, we come back to vice, in its original and hereditary forms, as the correlative of misery and poverty.

The condition for the complete and regular action of the force of competition is liberty. Liberty means the security given to each

man that, if he employs his energies to sustain the struggle on behalf of himself and those he cares for, he shall dispose of the product exclusively as he chooses. It is impossible to know whence any definition or criterion of justice can be derived, if it is not deduced from this view of things; or if it is not the definition of justice that each shall enjoy the fruit of his own labor and self-denial, and of injustice that the idle and the industrious, the self-indulgent and the self-denying, shall share equally in the product.

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Private property, also, which we have seen to be a feature of society organized in accordance with the natural conditions of the struggle for existence produces inequalities between men. The struggle for existence is aimed against nature. It is from her niggardly hand that we have to wrest the satisfactions for our needs, but our fellow-men are our competitors for the meager supply. Competition, therefore, is a law of nature. Nature is entirely neutral; she submits to him who most energetically and resolutely assails her. She grants her rewards to the fittest, therefore, without regard to other considerations of any kind. If, then, there be liberty, men get from her just in proportion to their works, and their having and enjoying are just in proportion to their being and their doing. Such is the system of nature. If we do not like it, and if we try to amend it, there is only one way in which we can do it. We can take from the better and give to the worse. We can deflect the penalties of those who have done ill and throw them on those who have done better. We can take the rewards from those who have done better and give them to those who have done worse. We shall thus lessen the inequalities. We shall favor the survival of the unfittest, and we shall accomplish this by destroying liberty. Let it be understood that we cannot go outside of this alternative: liberty, inequality, survival of the fittest; not-liberty, equality, survival of the unfittest. The former carries society forward and favors all its best members; the latter carries society downwards and favors all its worst members.

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What we mean by liberty is civil liberty, or liberty under law; and this means the guarantees of law that a man shall not be interfered with while using his own powers for his own welfare. It is, therefore, a civil and political status; and that nation has the freest institutions in which the guarantees of peace for the laborer and security for the capitalist are the highest. Liberty, therefore, does not by any means do away with the struggle for existence. We might as well try to do away with the need of eating, for that would, in effect, be the same thing. What civil liberty does is to turn the competition of man with man from violence and brute force into an industrial competition under which men vie with one another for the acquisition of material goods by industry, energy, skill, frugality, prudence, temperance, and other industrial virtues. Under this changed order of things the inequalities are not done away with. Nature still grants her rewards of having and enjoying, according to our being and doing, but it is now the man of the highest training and not the man of the heaviest fist who gains the highest reward. It is impossible that the man with capital and the man without capital should be equal. To affirm that they are equal would be to say that a man who has no tool can get as much food out of the ground as the man who has a spade or a plough; or that the man who has no weapon can defend himself as well against hostile beasts or hostile men as the man who has a weapon. If that were so, none of us would work any more. We work and deny ourselves to get capital, just because, other things being equal, the man who has it is superior, for attaining all the ends of life, to the man who has it not.

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## Questions

1. How does Sumner differentiate between the "natural" roles of men and women in society?
2. How does he explain the existence of poverty and social inequality?